



# Week Four 2018/19

PUREE MENU 6 MONTHS TO 12 MONTHS (2)

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

MORNING

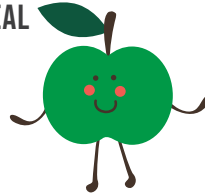
PEAR PUREE WITH IRON FORTIFIED RICE CEREAL

APPLE & APRICOT PUREE WITH IRON FORTIFIED RICE CEREAL

APPLE & PEAR PORRIDGE PUREE

PEACH RICE PUDDING WITH CINNAMON PUREE

APPLE, BLUEBERRY & PEAR PUREE WITH IRON FORTIFIED RICE CEREAL



LUNCH

BEEF, RED LENTIL, POTATO & CARROT MASHED

CHICKEN, RED LENTILS & CARROT MASHED

VEAL, POTATO, TOMATO & CHEESE MASHED

PASTA, ZUCCHINI, BROCCOLI, WHITE BEANS & GREEN PEAS MASHED

CHICKEN, CORN, CAULIFLOWER, PEARL BARLEY & RICE MASHED

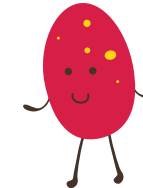
CAULIFLOWER, SWEET POTATO & PUMPKIN PUREE

BROCCOLI, CAULIFLOWER & POTATO PUREE

SWEET POTATO PUREE

CARROT & CORN PUREE

PUMPKIN & SWEET POTATO PUREE



AFTERNOON

PEACH & APPLE SEMOLINA PUREE

MANGO & RICOTTA RISOTTO PUREE

APPLE, ORANGE, PEAR & PRUNE PUREE WITH IRON FORTIFIED RICE CEREAL

PEAR & APPLE PUREE WITH IRON FORTIFIED RICE CEREAL

APPLE & PEAR SEMOLINA PUREE

