



Week One 2018/19

PUREE MENU 6 MONTHS TO 12 MONTHS (2)

Monday

Tuesday

Wednesday

Thursday

Friday

MORNING

PEAR PUREE WITH IRON FORTIFIED RICE CEREAL

APPLE & APRICOT PUREE WITH IRON FORTIFIED RICE CEREAL

APPLE & PEAR PORRIDGE PUREE



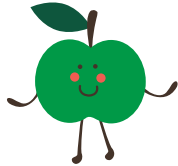
PEACH RICE PUDDING WITH CINNAMON PUREE

APPLE, BLUEBERRY & PEAR PUREE WITH IRON FORTIFIED RICE CEREAL



LUNCH

BEEF, RED LENTIL, POTATO & CARROT MASHED



CHICKEN, RED LENTILS & CARROT MASHED

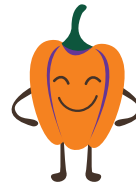
VEAL, POTATO, TOMATO & CHEESE MASHED

PASTA, ZUCCHINI, BROCCOLI, WHITE BEANS & GREEN PEAS MASHED

CHICKEN, CORN, CAULIFLOWER, PEARL BARLEY & RICE MASHED

CAULIFLOWER, SWEET POTATO & PUMPKIN PUREE

BROCCOLI, CAULIFLOWER & POTATO PUREE



SWEET POTATO PUREE

CARROT & CORN PUREE

PUMPKIN & SWEET POTATO PUREE



AFTERNOON

PEACH & APPLE SEMOLINA PUREE

MANGO & RICOTTA RISOTTO PUREE

APPLE, ORANGE, PEAR & PRUNE PUREE WITH IRON FORTIFIED RICE CEREAL

PEAR & APPLE PUREE WITH IRON FORTIFIED RICE CEREAL



APPLE & PEAR SEMOLINA PUREE

