



Week Three 2018/19

PUREE MENU 6 MONTHS TO 12 MONTHS [2]

Monday

Tuesday

Wednesday

Thursday

Friday

MORNING

APPLE, APRICOT,
PEAR & PRUNE PUREE WITH
IRON FORTIFIED RICE CEREAL

PEAR
SEMOLINA
PUREE

PEAR, APPLE &
APRICOT PUREE WITH
IRON FORTIFIED RICE CEREAL

PEACH,
PEAR & TAPIOCA
PUREE

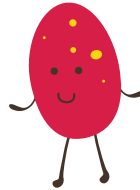


APRICOT
PORRIDGE PUREE
WITH MILK

LUNCH

CHICKEN, RICOTTA,
PASTA & CORN
MASHED

CHICKEN, RED LENTIL,
SWEET POTATO
& RICE MASHED



BEEF BOLOGNAISE
SAUCE WITH PASTA &
VEGETABLES MASHED

PASTA,
PUMPKIN & CHEESE
MASHED

CHICKEN,
SWEET POTATO &
WHITE BEANS MASHED

AFTERNOON

SWEET
POTATO
PUREE



PUMPKIN &
CARROT
PUREE

POTATO &
PUMPKIN
PUREE

POTATO &
GREEN PEA
PUREE

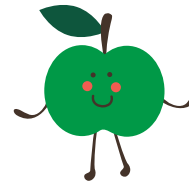
CARROT,
CAULIFLOWER &
POTATO PUREE



APPLE &
PEAR
PUREE

APPLE & RHUBARB
PUREE WITH IRON FORTIFIED
RICE CEREAL

APPLE,
PEACH &
PRUNE PUREE



APPLE, PEAR &
PRUNE PUREE WITH
IRON FORTIFIED RICE CEREAL

APPLE PUREE
WITH IRON FORTIFIED
RICE CEREAL

